



High achievement through challenge
and support for every learner

KS3 Sport

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7	Swimming, Netball, Gymnastics, OAA, Football, Hockey, Table Tennis	Swimming, Netball, Gymnastics, OAA, Football, Hockey, Table Tennis	Volleyball, Football, Dance, Hockey, Rugby, Gymnastics, OAA, Swimming	Volleyball, Football, Dance, Hockey, Rugby, Gymnastics, OAA, Swimming	Track, Field, Cricket, Rounders, Softball, Dance	Track, Field, Cricket, Rounders, Softball, Dance
8	Swimming, Netball, Gymnastics, Hockey, Football, Handball, Table Tennis	Swimming, Netball, Gymnastics, Hockey, Football, Handball, Table Tennis	Dance, Football, Rugby, Basketball, Hockey, Swimming	Dance, Football, Rugby, Basketball, Hockey, Swimming	Track, Field, Cricket, Rounders, Softball	Track, Field, Cricket, Rounders, Softball
9	Netball, Table Tennis, Badminton, Hockey, Football	Netball, Table Tennis, Badminton, Hockey, Football	Football, Table Tennis, Rugby, Volleyball, Handball	Football, Table Tennis, Rugby, Volleyball, Handball	Track, Field, Cricket, Rounders, Softball	Track, Field, Cricket, Rounders, Softball

The Friary School





High achievement through challenge
and support for every learner

Cambridge OCR National in Sport & OCR GCSE Physical Education



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
10	OCR Sport Sport in the Media	OCR Sport Sport in the Media	OCR Sport Sport in the Media	OCR Sport Performance and Leadership	OCR Sport Performance and Leadership	OCR Sport Performance and Leadership
10	Muscular Skeletal & Movement Analysis	Cardiovascular System	Respiratory System	Short & Long Term Effects of Exercise	Physical Training	Analysis of Own Performance Coursework
11	OCR Sport Performance and Leadership	OCR Sport Contemporary Issues Exam	OCR Sport Contemporary Issues Exam	OCR Sport Contemporary Issues Exam	OCR Sport Contemporary Issues Exam	
11	Physical Activity and Sport in the UK	Sports Psychology	Health, Fitness & Well-being			

The Friary School





High achievement through challenge
and support for every learner

BTEC Level 3 - National Extended Certificate in Sport



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
12	Fitness Training & Programming / Professional Development in	Fitness Training & Programming / Professional Development in	Fitness Training & Programming / Professional Development in the Sports Industry	Professional Development in the Sports Industry	Sports Leadership	Sports Leadership
13	Anatomy & Physiology / Sport Leadership	Anatomy & Physiology / Sport Leadership	Anatomy & Physiology	Sports Leadership		

The Friary School

