

# HOPE Virtual Parent Support

## Behaviour and Emotional Regulation



**Tues 20th June 7pm**

**Thurs 22nd June 10am**

- Understanding age related behaviours
- Emotional responses
- Developing Emotional Literacy
- Behaviour Strategies
- How to emotion coach
- Time for chat and questions

What a wonderful project, amazing advice, thank you!

These sessions are really useful and very re-assuring

*Feel free to listen off camera and mic or use the chat facility to participate*

## HOPE Parent Support Sessions;

**a safe place to find information, chat and learn from each other through shared experience.**

To find out more contact your HOPE mentor in school or Keddie on 07508 176043

keddieHOPE2021@outlook.com

**Register HERE**



<https://us02web.zoom.us/meeting/register/tZwsde6gqT0jG9Z1P-U0lckA4Y7KBzYDihxU>